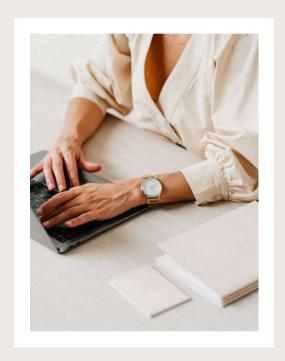


Coaching questions to help you get the clarity you need to move forwards.

CREATED FOR THE CLIQUE BY DANI WATSON

HOW TO USE THIS WORKSHEET



I'd recommend listening to my Podcast episode 131

Then, taking a journal and pen to your sacred space, start working through the questions one by one.



YOUR SACRED SPACE

To help you get the most out of this experience, it's useful to find a sacred space - a private area that feels good for you and that you can turn into your own quiet sanctuary.

Things to consider for your sacred space include: Crystals

Scent (essential oils, incense)

Fresh flowers

Candles

Somewhere comfy to sit

Beautiful artwork

NOTES:

What do I need for my space to feel high vibe?

QUESTIONS TO JOURNAL ON

- If joy was the main priority, which project/goal/desire would you prioritize?
- Which project/goal/desire do you feel will give you the biggest opportunity for growth?
- What project/goal/desire do you feel you need to do because of external pressure?
- For each project/goal/desire, what do you feel is the main motivation behind wanting to pursue it?
- Which project/goal/desire because I feel like it is the "safe" option.
- Which project/goal/desire would give me the most opportunity for growth?
- Which project/goal/desire has a motivation that is fear based?
- Which project/goal/desire most closely aligns with the bigger picture you have for your future?
- Fast forward 5 years from now do you believe this project/goal/desire would still be important to you?
- If the main goal was to enjoy the journey of pursuing this project/goal/desire, which would you choose?
- Which of these project/goal/desires feel like a "now" thing?
- Which of these project/goal/desires feel like a "later" thing?
- Which of these project/goal/desires are a non negotiable for me to pursue?

Based on all of my answers from the questions above, what is my intuition telling me to pursue right now?

What will it take for me to decide?

When will I commit to making this decision by?

What am I willing to let go of right now to help see this project/goal/desire through?

And remember::

- Allow silence to give you the answers you are searching for. Before meditation, invite
 The Universe to provide you with clarity. Set an intention that you will receive answers
 during the meditation that will help you know which path to pursue Once in meditation,
 pay attention to what your body is telling you or any other signs/messages/image you
 may receive.
- Ask The Universe for a sign. Invite in its support and allow The Universe to send you a clue about which path to pursue.

READY TO BE EXPERTLY GUIDED AND COACHED INTO YOUR AN AMAZING YEAR AHEAD?

Schedule a complimentary call with one of our team to see how we can help you.

https://www.wearetheclique.com/masterclassapplication/